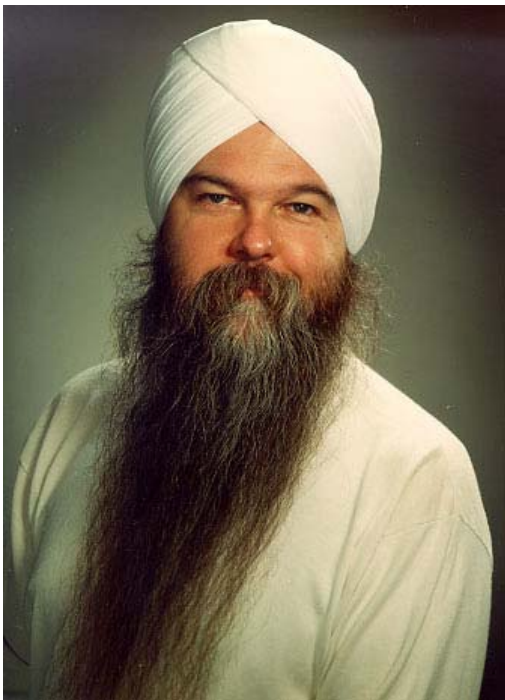


Karta Purkh Singh Khalsa

Keynote and Featured Speaker



Biographical Data

Karta Purkh Singh Khalsa, D.N.-C., AHG, is one of the foremost herbal experts in the field today. He is one of a very few clinicians with thirty years of experience with medicinal herbs. His interest in natural healing techniques developed because, as a child growing up in Oregon, he had a rare, serious disorder, and several serious illnesses. As a young adult, he studied a wide spectrum of physical and mental health care therapies from all over the world, and was successfully healed. He focused especially on Ayurvedic medicine and on the therapeutic value of yoga, meditation, and other studies of consciousness.

K.P. Khalsa is the author of several books on natural healing topics. He recently authored *Body Balance*. This book explains pH's pivotal role in maintaining optimum health, shows how to evaluate your own pH levels, and then offers a multitude of ways to achieve this balance naturally, easily, and with a minimum of fuss.

He is a frequent contributor to mainstream and professional publications in the natural healing field, and is a contributing editor to *Let's Live*, *The Herb Quarterly*, and *Great Life*.

Mr. Khalsa's approach to herbalism is very eclectic. He has been personally trained by Yogi Bhajan, master of Kundalini yoga and natural healing, supporting his main focus in Ayurvedic medicine. He also teaches about Chinese and North American herbalism. K.P. Khalsa's ongoing research and his vast knowledge of herbs from around the globe make him especially valuable to many herb industry businesses that call on him as an authoritative consultant. He has created over 400 of his own formulations for commercial applications, and works closely with companies who supply high quality herbal products to health professionals across the country.

Karta Purkh Singh Khalsa is a health educator who teaches at all levels of education, from general public presentations, to professional training programs. Over the years, he has taught extensively at many community colleges in Washington, Oregon, and Colorado. He is on the faculty of several professional training programs. He is the founder of The Professional Herbalist Certificate Course, a two year post secondary curriculum that trains professional herbalists, now being offered at colleges in Washington (Seattle, Olympia, and Tacoma), and in New Mexico (Albuquerque).

Mr. Khalsa is nationally certified in Therapeutic Massage and Bodywork.

- **American Herbalist Guild**, Professional Member (AHG) Board of Directors
- Bastyr University, Adjunct Faculty Department of Botanical Medicine
- State Certified Dietician – Nutritionist (CD-N)
- American Massage Therapy Association
- National Certification in Therapeutic Massage and Body Work
- International and American Association of Clinical Nutritionists
- Founder and Director, Professional Herbalist Certificate Program, Washington Community Colleges
- International Association of Specialized Kinesiologists/Professional Member Training
- Association of Specialized Kinesiologists, United States
- Canadian Association of Herbal Practitioners
- Registered Holistic Practitioner, British Columbia
- American Herb Association
- International Society of Ethnopharmacology
- Botanical Medicine Academy
- Ayurvedic Institute
- Northeast Herbal Association
- International Kundalini Yoga Teachers Assoc.
- Certified Kundalini Yoga Teacher
- British Columbia Holistic Healing Association
- Klickitat Herbalist Guild
- Joe Pye and Friends Herb Association
- National Association of Aromatherapy
- The Rocky Mountain Herbalist Coalition
- Founder and Director, Kinesionics Institute
- Directing Herbalist, Herb Technology Co.
- Herbal Medicine Specialist, Super Health, Tucson, Arizona (Joint Commission on the Accreditation of Hospitals)

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