

Robert J. Talbert Jr.
481 Osgood Court
Laguna Beach, CA 92651

949-497-3134
rob@jivaka.com
www.jivaka.com

EXPERIENCE

- Jivaka Ayurveda.** Laguna Beach, California '04 - present
Clinical Ayurvedic Specialist
Holistic Health and Longevity through the "Science of Life"
In private practice, working one-on-one with clients out of a home office.
Emphasis on rebalancing through food programs, herbology, self-massage, aromatherapy, color and sound therapies, yoga, meditation, breathing exercises, and other lifestyle adjustments.
- California College of Ayurveda.** Irvine, California '05 - present
Faculty, Instructor (Year 1 material) and Clinical Management (Year 3)
- University of California at Irvine.** Irvine, California '05 - '08
Faculty, for "Ayurveda: The Art of Living" - a 30 hour course on Ayurvedic Fundamentals
- Laguna Software Design.** Laguna Beach, California '92 - '03
Software Engineering Consultant, Multimedia software engineering and interactive design
- Versacad Corporation.** Huntington Beach, California '83 - '91
Team Leader and Software Engineer, Computer Aided Design software and product development

EDUCATION

- Clinical Ayurvedic Specialist**, California College of Ayurveda (CCA), Grass Valley '03 - '05
500 hours over two years and included a six month supervised clinical internship. CCA is a California state-approved college for the study of Ayurveda. Received dual certificates from CCA and the American Institute of Vedic Studies (Dr. David Frawley). Additional Course work includes: General Western Diagnostics, Ayurveda and Cancer, Making Herbal Medicine, Ayurvedic Cranial Therapy (Jack Ebner), Anatomy and Physiology (40 hrs.)
- Clinical Ayurvedic Internship**, Anjali Ayurveda, Vicki "Vijaya" Stern, Laguna Beach '03 - '04
Met with clients on a weekly basis, developed educational flyers for clients, herbal compounding, and research, learned and performed Panchakarma massage, gave group educational talks for new clients, business development. Completed "Pulse Practicum: Developing Intuition through the Pulse," 30 hours, over nine months.
- Masters of Science in Computer Science**, Syracuse University, Syracuse, New York '83
Bachelor of Science in Computer Science, Syracuse University, Syracuse, New York '81

OTHER

- UCI Extension Yoga Studies Certificate Program completed. Courses taken Patanjali's Yoga Sutra, Hatha Yoga Pradipika, Sanskrit, Introduction to Buddhism, Anatomy for Yoga, 100 hours
Teaching Experience: Sierra Club's ten week Wilderness Travel Course '91 - '96
Meditation: Zen, Vipassana (Insight Meditation), Tibetan (Dalai Lama) '79 - present
Yoga: Personal Hatha Yoga practice '98 - present
Taught Yoga for Laguna Shanti to persons with HIV/AIDS '03 - '04
Professional affiliations: National Ayurvedic Medical Association (peer reviewed professional member), California Association of Ayurvedic Medicine.