



Jivaka Ayurveda

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Holistic Health & Longevity through The Science of Life

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Namaste

With the blessing of many, I am pleased to announce that I will be sponsoring my herbal mentor, KP Khalsa, and his school, The Herbalists College, in teaching workshops and classes in Southern California. Your involvement in Ayurveda and herbology, leads me to believe that this level of instruction will be of great interest and benefit to you.

Soon after my graduation from CCA, I met KP at an American Herbalist Guild Symposium in Portland, Oregon in 2005. As I was listening to the presentations, KP really sparked my interest since his background is in Ayurveda. He studied extensively with Yogi Bhajan, a teacher of Kundalini Yoga and the founder of the 3HO Foundation. At that time, I was looking to advance my knowledge of herbology and Ayurveda. I learned that KP had a Nine Month Certification Course in Eugene, Albuquerque and Seattle. Since he was located in the Western U.S., I spoke with KP and began having him mentor some of my client cases starting in 2007.

As I presented cases to KP, I realized that his wealth of knowledge of herbs, along with his background as a State Certified Dietician/Nutritionist, was taking my knowledge to another level. Last December, KP and I started to discuss having him teach in Southern California. After much planning and scheduling here is what we came up with:

Workshop: July 17-18, 2010
Home Remedies and Acute Care Herbalism

Workshop: Sept 11-12, 2010
Cutting Edge Global Herbalism: Powerful Therapies around the World

Module 1 of Nine Month Certification Course

Oct 9-10, 2010 Nov 6-7, 2010 Dec 4-5, 2010

This nine month training program is focused on gaining knowledge about herbs, their uses and the traditions from which they come including Ayurvedic medicine, Traditional Chinese

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Medicine, European and Native American herbal traditions. Class time will focus on preparations, practical applications, remedy selection, herbal energetics, physiological systems of the human body and plant chemistry. KP is one of the few teachers I have met that shares accurate dosage information readily.

The Certification course is structured into three conveniently scheduled modules. Each module is scheduled for three weekends throughout the school quarter. The course includes extensive digital class materials. Previous herbal experience is helpful. Various teachers including KP, will be presenting during the certification course, giving us a diverse experience from practicing herbalist and educators.

The Nine Month Certification Course will also advance you toward a certification as a Registered Herbalist through the American Herbalist Guild (AHG). Founded in 1989 as a non-profit, the AHG is an educational organization to represent the goals and voices of herbalists specializing in the medicinal use of plants. Their primary goal is to promote a high level of professionalism and education in the study and practice of therapeutic herbalism. A “Professional Member” of the AHG has had their credentials evaluated by the Admissions Committee. Upon acceptance, professional members may use the designation Registered Herbalist, RH (AHG). KP Khalsa is a professional member of the AHG and is on their board of directors.

This program is a rare opportunity to study with a nationally recognized teacher and author. I feel this course is worthy of careful consideration and hope that you can join us in this next enlightening adventure.

Please take some time to listen to the two lectures on the enclosed CD-ROM as a taste of material to come. I have also included the flyers and registration material for each of the events as well as KP’s bio and syllabus for Module 1. More material is available at www.jivaka.com

Please email or call if you have any questions.
May all beings be with peace,

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