

**Professional Herbalist Certification Course
Syllabus Year One Module 1**

Topic	Text	Pages
First Session- Introduce Module to New Students		
Overview of Modern Phytotherapy	<u>The Complete Illustrated Holistic Herbal</u> By Hoffman, David	6-17
	<u>Healing with the Herbs of Life</u> By Tierra, Lesley	1-7
	<u>The Yoga of Herbs</u> By Lad & Frawley	1-6
	<u>Chinese Herbal Medicine</u> By Reid, Daniel P	1-25
	<u>Herbal Defense</u> By Landis, Khalsa	1-97
	<u>Planetary Herbology</u> By Tierra, Michael	1-47
	<u>The Herb Book</u> By Lust, John	1-35
Herbal Classification	<u>The Complete Illustrated Holistic Herbal</u> By Hoffman, David	36-39
	<u>Healing with the Herbs of Life</u> By Tierra, Lesley	13-26
	<u>The Yoga of Herbs</u> By Lad & Frawley	49-75, 228-236

Remedy Selection	<u>The Complete Illustrated Holistic Herbal</u> By Hoffman, David	40-49
	<u>Healing with the Herbs of Life</u> By Tierra, Lesley	26-34, 195-307
	<u>Planetary Herbology</u> By Tierra, Michael	84-118
Preparations I	<u>The Complete Illustrated Holistic Herbal</u> By Hoffman, David	19-31
	<u>Healing with the Herbs of Life</u> By Tierra, Lesley	367-376
	<u>Herbal Defense</u> By Landis, Khalsa	437-471
Practical Application	<u>The Complete Illustrated Holistic Herbal</u> By Hoffman, David	19-31
	<u>Healing with the Herbs of Life</u> By Tierra, Lesley	26-34
	<u>The Yoga of Herbs</u> By Lad & Frawley	92-93
Energetics	<u>Healing with the Herbs of Life</u> By Tierra, Lesley	9-13
	<u>The Yoga of Herbs</u> By Lad & Frawley	1-35
	<u>Chinese Herbal Medicine</u> By Reid, Daniel P	1-43
	<u>Herbal Defense</u> By Landis, Khalsa	35-75
	<u>Planetary Herbology</u> By Tierra, Michael	25-118

Plant Chemistry I	<u>The Complete Illustrated Holistic Herbal</u> By Hoffman, David <u>Herbal Defense</u> By Landis, Khalsa	32-35 129-158
Ayurvedic Herbs I	<u>The Yoga of Herbs</u> By Lad & Frawley <u>The Way of Ayurvedic Herbs</u> By Khalsa and Tierra	37-48 25-40
Chinese Herbs I	<u>Healing with the Herbs of Life</u> By Tierra, Lesley <u>The Way of Chinese Herbs</u> By Tierra, Michael	145-179 1-29, 142-295
Digestive System	<u>The Complete Illustrated Holistic Herbal</u> By Hoffman, David <u>Herbal Defense</u> By Landis, Khalsa	188-201 425-436
Cardiovascular System	<u>The Complete Illustrated Holistic Herbal</u> By Hoffman, David <u>Herbal Defense</u> By Landis, Khalsa	168-174 413-419
Herbal Literature	<u>The Complete Illustrated Holistic Herbal</u> By Hoffman, David <u>Healing with the Herbs of Life</u> by Tierra, Lesley <u>Herbal Defense</u> By Landis, Khalsa	245-251 383-388 509-536
Integrative Healing I Homeopathy Aromatherapy		
Materia Medica I, Group 1	<u>Healing with the Herbs of Life</u> By Tierra, Lesley	35-130

Materia Medica I, Group 2	<u>Healing with the Herbs of Life</u> By Tierra, Lesley	35-130
Materia Medica I, Group 3 Ayurveda		
Materia Medica I, Group 4 Chinese		